



**APPROVED**  
SENIOR NETWORK



Brought to you by  
**Sunlife Home Care**

**Call Your Local Experts:**

**(972) 449-5977**

# Dallas Area Senior Care Resources

Your Primary Resource in Our Area

## Sunlife Home Care

(972) 449-5977



**Welcome to Sunlife Home Care - a professional home care agency.**

Professional home care from Sunlife Home Care in Texas and Arizona is designed to improve the quality of life as you age. Browse these pages to discover how caregivers and home care programs can keep you or a loved one independent longer. Or call now - we are glad to answer your homecare questions.

### **Why Choose Sunlife Home Care?**

Sunlife Home Care provides top quality home care for seniors, patients, and to help with elder care.

Caring professional consultants will work with you to develop a program of care to meet your needs.

Then, trained home care caregivers will provide thoughtful and professional care and companionship for you or your loved one.

Sunlife proudly seeks to improve the quality of life for our clients and their families.

- In Arizona - Home care Tucson, Green Valley, Oro Valley, Marana and Vail

- In Texas - Home care Dallas, Richardson, Plano, Carrollton, Parker, Allen, and Murphy.

**Our satisfied clients will tell you Sunlife is one of your area's premier home care agencies.**

Learn More About Sunlife Home Care - Call today - or fill out Get Started form below to get more information.

### **Sunlife Home Care - Providing peace of mind**

Dealing with a chronic illness, hospitalization or the effects of aging can be stressful, but you can get help from Sunlife Home Care.

Whether you are looking for in-home care for yourself or for a loved one, call on Sunlife caregivers for professional care and peace of mind.

## **Senior Resources in Dallas, TX**

### **Office of Community Care**

#### **Office of Senior Affairs/ Senior Services**

The Office of Senior Affairs (OSA) was created to help Dallas seniors maintain the highest quality of life possible by providing information / referrals on senior services, educational programming and other resources that support and promote financial and social well-being. The OSA also provides staff support to the City of Dallas Senior Affairs Commission (SAC) and its five (5) working committees (Safety & Health, Budget, Social Needs, Transportation, and Housing).

**The following services and programs are offered by the Office of Senior Affairs:**

*Casework*

The Office of Community Care Senior Services caseworkers provide referrals and information to at-risk seniors needing resources for elder abuse, housing, health and dental care, utility assistance, transportation and other social services.

**Contact: (214) 670-5227**

*Outreach*

Educational materials, presentations, training and informational seminars are provided and/or facilitated by the OSA to community groups, neighborhood associations and senior centers to educate and inform the public on senior resources and issues affecting older adults. These issues include, but are not limited to, isolation, elder abuse, health care and housing.

**Contact: (214) 670-5227**

*Senior Affairs Commission*

The OSA provides staff support to the Senior Affairs Commission (SAC). The Senior Affairs Commission is a 15-member advisory board appointed by the Mayor and City Council to help ensure the provision of services to the elderly.

**Contact: (214) 671-9258**

**Programs**

*Senior Ombudsman Program*

The Senior Ombudsman Program is designed to give an official mandated voice to seniors in nursing home and assisted living facilities by addressing concerns and seeking resolutions to problems or issues

to enhance the quality of life for residents in long term care facilities. The program also offers information to seniors and their families about nursing home facilities, selection and/or any related nursing home issues. The Senior Ombudsman Program is implemented by The Senior Source.

**Contact: (214) 823-5700**

*Older Americans Employment Initiative Program*

Provides employment assistance to older adults age 60 and above throughout Dallas, including:

- Training on Job Search Techniques
- Assisting older adults with Job Search
- Providing referrals

The Program also provides community presentations to seniors on employment training and other related topics of interest. The Older Americans Employment Initiative Program is implemented by The Senior Source.

**Contact: (214) 823-5700**

*Senior Dental Health Care Program*

Provides dental health services to low-moderate income seniors aged 60 and older residing within the City of Dallas. Dental health services include: exams, cleanings, fluoride treatment, sealants, flings, extractions, root canals, treatment for infections and oral health education. Services are free to eligible residents and are provided by the Texas A&M University College of Dentistry at the following locations:

## ***North Dallas Shared Ministries (NDSM)***

***2875 Merrell Road***

***Dallas, Texas 75229***

*(214) 358-8729*

*Agape Clinic*

***4104 Junius Street***

***Dallas, Texas 75246***

*(972) 707-7782*

To schedule an appointment for services, please contact North Dallas Shared Ministries or the Agape Clinic.

## **Senior Medical Transportation Program (SMTP)**

The City of Dallas Senior Medical Transportation (SMTP) is **NOT** currently accepting new clients. All new completed *SMTP Application Packets* will be placed on a Wait List until further availability.

The City of Dallas Senior Medical Transportation Program (SMTP) is a **LAST RESORT** service for low to moderate income persons 60 and older who reside within the City of Dallas and do not qualify for other Transportation programs. It provides free transportation for medical appointments within the City of Dallas, with “door to door” service. This is accomplished through a contractual agreement with an outside vendor approved by City Council.

To qualify for the Senior Medical Transportation Program, clients must provide written documentation of denial from DART Paratransit and/or Medicaid’s LogistiCare Program. Clients can contact DART directly at 214-979-1111. Medicaid clients can contact LogistiCare at 1-855-288-3133.

Once the client has acquired the letter(s) of denial from other transportation programs, they can call the City of Dallas Senior Medical Transportation (SMTP) at 214-670-7235. SMTP Staff will mail out the Application Form and will explain the application process. The client will complete and hand in a *SMTP Application Packet*, which includes the SMTP Application Form, Copy of Photo ID and copy of Denial Letter/Proof of Denial from Dart Paratransit and/or LogistiCare.

For more information, please contact the City of Dallas Senior Medical Transportation (SMTP) at (214) 670-7235.

**Contact: (214) 670-7235**

The Texas Ramp Project

Volunteers of the Texas Ramp Project in the Dallas area build wheelchair ramps for the low-income and disabled in Dallas County and southern Collin County. The Office of Senior Affairs accepts ramp installation intake calls/applications for the Texas Ramp Project.

**Contact: (214) 670-5227**

Operation WaterShare

Provides assistance with Dallas Water Utilities to persons aged 60 and older facing financial hardships due to water leaks or other difficult circumstances.

**Contact: (214) 670-5227**

## Senior Affairs Commission

The Senior Affairs Commission is a 15-member advisory board appointed by the Mayor and City Council to help ensure the provision of services to the elderly.

## Senior Resources in McKinney, TX

- Administration on Aging
- Alzheimer's Association (McKinney)  
Ph 800-272-3900
- American Association of Retired Persons (AARP)  
Ph 888-687-2277
- Area Agency on Aging (AAA)  
Toll-free 1-800-272-3921  
Ph 817-695-9194
- Collin County Committee on Aging (CCCOA)  
Ph 972-562-6996
- Collin County Health Department  
Ph 972-548-5500
- Dental Hygiene Center (Collin College)  
Ph 972-548-6537
- Denton County Transportation Authority(Taxi Voucher Program)  
Ph 940-243-0077
  
- Eldercare Locator  
Ph 1-800-677-1116  
Description: To find services for an older person in his or her locality



- Lawyer Referral Service  
Ph 214-220-7444
- Legal Hotline for Older Texans  
Ph 1-800-622-2520
- McKinney Housing Authority For individuals with low to moderate income.  
Ph 972-542-1003
- Medicare  
Ph 1-800-MEDICAR (633-4227)
- North Central Texas Area Agency on Aging  
Ph 817-695-9194
- Retired Senior Volunteer Program (RSVP)  
Ph 214-823-5700
- Social Security Administration  
Toll-free 1-800-772-1213  
Ph 1-866-931-2731
- Tel-Assistance  
Ph 1-800-343-8353  
Description: assistance with monthly telephone bills for low-income seniors
- Texas Adult Protective Services (APS)  
Ph 1-800-252-5400
- Texas Department of Aging and Disability Services  
Ph 1-800-458-9858
- Texas Department of Family and Protective Services  
Ph 1-800-252-5400
- The National Council on the Aging (NCOA)
- The Senior Source  
Ph 214-823-5700

# Housing Resources

Looking for housing resources in one of the fourteen counties served by NCTADRC? Click on the links below.

- [Affordable Housing Inventory](#) - Affordable housing, nursing homes, assisted living, adult foster care homes, adult day programs and ICF-ID facilities
- [How to Use the Affordable Housing Inventory](#) - Resources to assist in finding affordable housing
- [Collin County Housing Resources](#)
- [Denton County Housing Resources](#)
- [Ellis County Housing Resources](#)
- [Erath County Housing Resources](#)
- [Hood County Housing Resources](#)
- [Hunt County Housing Resources](#)
- [Johnson County Housing Resources](#)
- [Kaufman County Housing Resources](#)
- [Navarro County Housing Resources](#)
- [Palo Pinto County Housing Resources](#)
- [Parker County Housing Resources](#)
- [Rockwall County Housing Resources](#)
- [Somervell County Housing Resources](#)
- [Wise County Housing Resources](#)

## Senior Citizen Resources

- Meals on Wheels service is provided by Collin County Committee on Aging and is available to homebound individuals by calling 972-562-6996.
- Meals on Wheels is also delivered to the Senior Recreation Center. Meals are served at the Senior Recreation Center, Monday through Friday at 11 a.m. Advanced signup is required by calling 972-547-7491. The cost is \$6 for ages 50 to 59 and a \$5.50 suggested donation for ages 60+.
- Below are a few suggested agencies and contact reference pertaining to individuals 50 years of age and older.

Administration on Aging

Alzheimer's Association  
(McKinney)

Ph 800-272-3900

American Association of Retired  
Persons (AARP)

Ph 888-687-2277

Area Agency on Aging (AAA)

Toll-free 1-800-272-3921

Ph 817-695-9194

Collin County Committee on Aging  
(CCCOA)

Ph 972-562-6996

Collin County Health Department

Ph 972-548-5500

Medicare

Ph 1-800-MEDICAR (633-4227)

North Central Texas Area Agency  
on Aging

Ph 817-695-9194

Retired Senior Volunteer Program  
(RSVP)

Ph 214-823-5700

Social Security Administration

Toll-free 1-800-772-1213

Ph 1-866-931-2731

Tel-Assistance

Ph 1-800-343-8353

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income seniors

Dental Hygiene Center (Colli  
College)

Ph 972-548-6537

Denton County Transportati  
Authority(Taxi Voucher Program)

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Eldercare Locator

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McKinney Housing Authority For  
individuals with low to moderat  
income.

Ph 972-542-1003

Texas Adult Protective Servic  
(APS)

Ph 1-800-252-5400

Texas Department of Aging an  
Disability Services

Ph 1-800-458-9858

Texas Department of Famil  
Protective Services

Ph 1-800-252-5400

The National Council on the Aging  
(NCOA)

The Senior Source

Ph 214-823-5700

Wellness Center for Older Adults

Ph 972-941-7335



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