



Brought to you by
First Choice Senior Care

Call Your Local Experts:

(501) 214-7980

Little Rock Senior Resources

CareLink- For Families/Seniors in Central Arkansas

We offer resources for older people and their families.

CareLink exists to meet the needs of homebound older people, active older people and family caregivers in central Arkansas.

We provide information and resources to homebound older people who are looking for the services they need to stay in their own home, active older people who want to stay healthy and involved, and family caregivers who need to navigate the maze of services available for their loved one.

Call CareLink's Information & Assistance staff at [501-372-5300](tel:501-372-5300), toll free at [800-482-6359](tel:800-482-6359) or email info@carelink.org to speak with a CareLink professional. Our trained Care Coordinators are here to help find the answers you need—even if you don't know what questions to ask.

Caring For You While Caring for Your Loved One

CareLink understands that relatives want the very best for aging loved ones but managing their care and navigating the maze of available resources can be challenging. CareLink strives to ease the stress caregivers often experience when looking after family members. Let CareLink connect you with the resources to make your duties more manageable and your care more effective.

If you are a family caregiver yourself, you can begin exploring the resources below and then [get in touch with us](#) to start building your personalized support plan.

HomeCare

Medicare Prescription Drug Counseling

Emergency Response Button

In-Home Respite Care

Senior Companion

Legal Assistance

LEARN ABOUT AVAILABLE SERVICES

CareLink Meals on Wheels

We prepare 900 meals per day in the 13,000 square foot CareLink Community Kitchen. Our meals are delivered by a team over 250 volunteers, along with staff drivers, to homes in **Little Rock, Maumelle, and North Little Rock**. We partner with senior centers within our six-county region to provide meals outside of the Metro.

FOOD INSECURITY

Arkansas ranks in the top 5 states in the nation for food insecurity among seniors. Last year alone, 522,479 meals were delivered to seniors in need. This crisis spans all demographics and is a real problem.

WHAT IMPACTS FOOD INSECURITY?

Some of the factors that impact food insecurity are:

- financial resources
- access/proximity to grocery stores and healthy food
- mobility issues (sometimes a person may have the financial resources to purchase plenty of food, but they are unable to navigate in the kitchen or prepare the meal)

WHY CHOOSE CARELINK?

Daily meals and the socialization that comes with a friendly delivery often have a huge impact on an older person's ability to remain independent and in their own home. To them, it is more than just the food. It's also a support system and a friendly face they get to see on a regular basis.

CareLink is here to help. If you are interested in learning more about our services, we encourage you to call 501-372-5300 for more information.

Senior Centers by County

Faulkner County

The Ola and John Hawks Center

705 E. Siebenmorgan Rd
Conway, 72032
Phone: (501)327-2895

Greenbrier Senior Center

21 N. Broadview
Greenbrier, 72058
Phone: (501)679-3103

Mayflower Senior Center

1 Ashmore
Mayflower, 72106
Phone: (501) 470-3350

Mt. Vernon Senior Center

5 Garland Springs Rd
Mt. Vernon, 72111
Phone: (501) 849-2323

Twin Groves Senior Center

10 Twin Groves Ln
Twin Groves, 72039
Phone: (501) 335-7731

Vilonia Senior Center

10 Bise St

Vilonia, 72173

Phone: (501) 796-4680

Lonoke County**Betty Fort Senior Center**

#1 Newberry Dr

Lonoke, 72086

Phone: (501) 676-6971

Cabot Senior Center

506 North Grant

Cabot, 72023

Phone: (501) 843-2196

Carlisle Senior Center

405 East Main St

P.O. Box 981

Carlisle, 72024

Phone: (870) 552-7429

England Senior Center

100 East Taylor

England, 72046

Phone: (501) 842-3591

Monroe County**Brinkley Senior Center**

705 West 6th St

Brinkley, 72021

Phone: (870) 734-1236

Clarendon Senior Center

553 North 7th St

Clarendon, 72029

Phone: (870) 747-5610

Prairie County**Des Arc Senior Center**

1103 Main St

Des Arc, 72040

Phone: (870) 256-3751

Pulaski County**Camp Aldersgate**

2000 Aldersgate Rd

Little Rock, 72205

Phone: (501) 225-1444

CareLink Fitness & Wellness Center

1200 S. Cleveland St

Little Rock, 72204

Phone: (501) 372-5300

Cumberland Towers

311 East 8th St

Little Rock, 72202

Phone: (501) 340-0720

Dunbar Senior Center

1101 West 16th St

Little Rock, 72202

Phone: (501) 374-4817

East Little Rock Senior Center

2500 East 6th St

Little Rock, 72202
Phone: (501) 375-9132

Heritage House Activity Center

2301 Division St
North Little Rock, 72114
Phone: (501) 758-9941

Jack Evans Senior Citizens Center

2301 Thornhill Dr
Sherwood, 72120
Phone: (501) 834-5770

Jacksonville Senior Wellness and Activity Center

100 Victory Cir
Jacksonville, 72076
Phone: (501) 982-7532

LifeQuest of Arkansas

600 Pleasant Valley Dr
Little Rock, 72227
Phone: (501) 225-6073

Maumelle Center on the Lake

2 Club Manor Cove
Maumelle, 72113
Phone: (501) 851-4344

Parris Towers

1800 Broadway St
Little Rock, 72206
Phone: (501) 374-0123

Patrick Henry Hays Senior Citizens Center

401 West Pershing
North Little Rock, 72114
Phone: (501) 975-4297

Southwest Little Rock Senior Center

6401 Baseline Road
Little Rock, 72209
Phone: (501) 918-3975

Willow House Activity Center

2500 Willow St

North Little Rock, 72114

Phone: (501) 758-3794

Saline County

Benton Senior Wellness & Activity Center

1800 Citizens Drive

Benton, 72015

Phone: (501) 315-0645

Bryant Senior Wellness & Activity Center

6401 Boone Rd, #3

Bryant, 72022

Phone: (501) 943-0056 ext. 3

LET'S GO!

A Directory of Transportation Options in Arkansas

Prepared by:

Arkansas Department of Human Services Division of
Aging and Adult Services

In Conjunction with the Area Agencies on Aging

PREFACE



This Directory is published as a service to current or potential users of transportation services available in Arkansas. Transportation plays a crucial role in all our lives and especially for persons with special travel needs. The information in this Directory has been supplied by each operator or agency referenced herein and is current as of the date submitted. Since schedules and fares and additional information are subject to change, please verify such information by contacting the organizations listed.

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THE RIGHT OPTION FOR ME

When looking for transportation, you may want to consider the following questions before deciding on an option. Once you have answered as many questions as possible, you can then use your answers and any remaining questions to gather more detailed information from the transportation provider you are considering.

1. Are there requirements to qualify for the service? If so, what are they?
2. Is there an evaluation that must take place prior to the first ride?
3. How much will the service cost? Is there a membership fee that must be paid before scheduling rides with the service?
4. Will insurance (medical/health, auto, Medicare, Medicaid, property) pay for rides provided by the service?
5. What service area does this provider cover?
6. What kinds of trips can I make using this service? Medical/Health? Shopping? Banking? Personal care? Employment? Visiting? Religious services? Others?
7. Can I get a ride from any point to any other point in this service area?
8. How far in advance must reservations be made? How soon after I call can I get a ride?
9. What is your cancellation policy?
10. Are rides provided in the evenings, on weekends or on holidays?
11. Are door-through-door, door-to-door, or curb-to-curb services provided?
12. Are rides provided to people who use wheelchairs?
13. Do riders stay in their wheelchair, or are they transferred to a seat during the ride?
14. Is there an escort or attendant in the vehicle with the driver?
15. Does someone stay with me/my family member during appointments?
16. Can a family member ride with me as an escort? If so, is there an extra cost associated?
17. How soon after I call can I be picked up for my return trip?
18. Will the driver come into my house to get me? Meet me at my front door? Meet me at the curb in front of my house? Help me get on the vehicle?
19. Will the driver or attendant come into the office/building for the return trip?
20. Will other passengers be riding? If so, what is the maximum length of time I will have to ride while others are being picked-up/dropped-off?

TRANSPORTATION RESOURCES

- **United We Ride**
www.unitedweride.gov

United We Ride is an interagency Federal national initiative that supports States and their localities in developing coordinated human service delivery systems. In addition to State coordination grants, United We Ride provides State and local agencies a transportation-coordination and planning self-assessment tool, help along the way, technical assistance, and other resources to help their communities succeed.

- **Administration on Aging (AoA)**

Mailing Address

Washington, DC 20201

Physical Address

One Massachusetts Avenue NW
Washington, DC 20001

202-619-0724

www.aoa.gov

AoA is the Federal focal point and advocate agency for older persons and their concerns. In this role, AoA works to heighten awareness among other Federal agencies, organizations, groups, and the public about the valuable contributions that older Americans make to the Nation and alerts them to the needs of vulnerable older people. Through information and referral and outreach efforts at the community level, AoA seeks to educate older people and their caregivers about the benefits and services available to help them.

Resources for Older Drivers and Riders

- **AAA Foundation for Traffic Safety**
607 14th Street NW, Suite 201

Washington, DC 20005

202-638-5944

www.aaafoundation.org

www.seniordrivers.org

➔ **Beverly Foundation**
1120 Pennsylvania St NE

Albuquerque, NM 87110

TEL: 505-222-0620

www.beverlyfoundation.org

The Beverly Foundation is a nonprofit operating foundation that uses its resources to support its research, demonstration and technical activities in senior mobility and transportation. It's annual STAR Search survey and STAR Awards program exemplify the Foundation's effort to study transportation options for seniors, communicate information about their activities, and recognize their contribution to seniors across America.

➔ **National Highway Traffic Safety Administration (NHTSA)**
TEL: 1-888-327-4236

www.nhtsa.dot.gov

➔ **AAA Senior Driving**
AAA Public Affairs MS72
1000 AAA Drive
Heathrow, FL 32746

www.seniordrivers.org

➔ **National Highway Traffic Safety Administration (NHTSA)**
1200 New Jersey Avenue, SE, West Building

Washington, DC 20590

1-888-327-4236

www.nhtsa.dot.gov

➤ **GrandDriver**

American Association of Motor Vehicle Administrators (AAMVA)

301 Wilson Boulevard, Suite 400

Arlington, VA 22203

703-522-4200

1-888-472-6303

www.aamva.org/GrandDriver/

Resources for People with Disabilities

➤ **ADAPT**

www.adapt.org

ADAPT focuses on promoting services in the community instead of warehousing people with disabilities in institutions and nursing homes.

➤ **American Association of People with Disabilities (AAPD)**

1629 K Street NW, Suite 503

Washington DC, 20006

TEL: 1-800-840-8844

TTY: 202-457-0046

FAX: 202-457-0473

www.aapd.com

AAPD is a nonprofit, nonpartisan, cross-disability organization whose goals are unity, leadership and impact. Can use site to become a member and find out about disabilities in the news.

➤ **American Council of the Blind (ACB)**

2200 Wilson Blvd suite 650

Arlington, VA 22201

TEL: 202-467-5081 or 800-424-8666

www.acb.org

The Council strives to improve the well-being of all blind and visually impaired people by serving as a representative national organization of blind people and elevating the social, economic and cultural levels of blind people; improving educational and rehabilitation facilities and opportunities.

➡ **Americans with Disabilities Act**

Disability Rights Section – US Department of Justice

950 Pennsylvania Avenue, NW

Civil Rights Division – Disability Rights Section – NYAV

Washington, DC 20530

TEL: 800-514-0301

TTD: 800-514-0383

www.ada.gov

➡ **Easter Seals Project ACTION**

1425 K Street NW Suite 200

Washington, DC 20005

TEL: 1-800-659-6428 or 202-347-3066

<http://projectaction.easterseals.com>

Easter Seals Project ACTION (Accessible Community Transportation in Our Nation) is a national technical assistance project funded through a cooperative agreement with the U.S. Department of Transportation, Federal Transit Administration. The mission of Easter Seals Project ACTION is to encourage and facilitate cooperation between the disability and transportation communities with the goal of achieving universal access through transportation for persons with disabilities nationwide.

Easter Seals Project ACTION offers various resources, including a toll-free hotline, Web site, publications clearinghouse and quarterly newsletter, as well as training and technical assistance, in an effort to make the ADA work for everyone, every day.

➡ **Disability Rights Education and Defense Fund (DREDF)**

3075 Adeline St Suite 210

Berkeley, CA 94703

TEL: 510-644-2555

Fax: 510-841-8615

www.dredf.org

➡ **National Council on Independent Living (NCIL)**

1710 Rhode Island Ave NW 5th Floor

Washington, DC 20036

TEL: 877-525-3400

www.ncil.org

The National Council on Independent Living is a membership organization that advances the independent living philosophy and advocates for the human rights of, and services for, people with disabilities to further their full integration and participation in society.

➤ **National Council on Disability (NCD)**

National Council on Disability
1331 F. Street, NW Suite 850
Washington, DC 20004
TEL: 202-272-2004
TTY: 202-272-2074
FAX: 202-272-2022
www.ncd.gov

NCD is an independent federal agency making recommendations to the president and Congress on issues affecting Americans with disabilities.

➤ **National Information Center for Children and Youth with Disabilities (NICHCY)**

1825 Connecticut Ave NW Suite 700
Washington, DC 20009
TEL: 800-695-0285
FAX: 202-884-8441
www.nichcy.org

NICHCY is the national information and referral center that provides information on disabilities and disability-related issues for families, educators and other professionals. Special focus is children and youth (birth to age 22).

➤ **National Organization on Disability (N.O.D.)**

1625 K St NW Suite 850
Washington, DC 20006
TEL: 202-293-5960
TTY: 202-293-5968
FAX: 202-293-7999
www.nod.org

N.O.D. was founded at the conclusion of the United Nations International Year of Disabled Persons. Funded entirely by private sector contributions, N.O.D. is the only national disability network organization concerned with all disabilities, all age groups and all disability issues.

➤ **Office of Disability Employment Policy (ODEP)**

U.S. Department of Labor
Frances Perkins Building

200 Constitution Avenue, NW
Washington, DC 20210
TEL: 1-866-633-7365
TTY: 1-877-889-5627
FAX: 1-202-693-7888
www.dol.gov/odep/

ODEP's mission is to provide leadership to increase employment opportunities for adults and youth with disabilities. ODEP is a federal agency in the Department of Labor.

➔ **Paralyzed Veterans of America (PVA)**

801 Eighteenth St NW
Washington, DC 20006
TEL: 202-424-8200
www.pva.org

The Paralyzed Veterans of America, a congressionally chartered veteran's service organization, advocates on a wide variety of issues for and involving their members -- veterans of the armed forces who have experienced spinal cord injury or dysfunction.

Resources for People with Limited Incomes

➔ **State Medicaid Office**

P. O. Box 1437, Slot S301

Little Rock, Arkansas 72203-1437

TEL: 1-800-482-5431

Medicaid is a program that helps pay for medically necessary medical services for needy and low-income persons. It uses state and federal government money

➔ **ARKids First Program**

1-888-474-8275

ARKids First provides health insurance to children who otherwise might not get medical care.

➔ **Commodity Distribution Program**

501-371-1400

The Commodity Distribution Program processes and distributes commodities donated by the U.S. Department of Agriculture to schools and other eligible recipient agencies in Arkansas that participate in the National School Lunch Program and Summer Food Service Program.

➔ **Emergency Food Assistance Program**

501-371-1400

The Commodity Distribution Program processes and distributes commodities donated by the U.S. Department of Agriculture to schools and other eligible recipient agencies in Arkansas that participate in the National School Lunch Program and Summer Food Service Program.

➔ **Emergency Shelter Grants Program**

501-682-8723

The Emergency Shelter Grants Program assists local communities in helping to improve the quality of life for the homeless by providing resources for building repairs and support funds

➔ **Home Energy Assistance Program (HEAP)**

1-501-682-8726

The Home Energy Assistance Program provides financial assistance to approximately 60,000 households each year to help them meet the costs of home energy i.e. gas, electricity, propane, etc. It also offers weatherization services and case management activities which are designed to encourage and enable households to reduce their energy costs and thereby, their need for financial assistance.

➔ **Medicaid Program**

1-800-482-5431

Medicaid reimburses health care providers for covered medical services provided to eligible needy individuals in certain categories. Eligibility is determined based on income, resources, Arkansas residency, and other requirements. Covered services also vary among categories.

➔ **Refugee Resettlement Program**

1-800-482-8988

The Refugee Resettlement Program assists newly arrived eligible refugees to assimilate into the American Way of life. The program offers financial and medical services to eligible refugees for up to eight (8) months after arrival in the United States.

➔ **Supplemental Nutrition Assistance Program (SNAP)**

501-682-8276

The Supplemental Nutrition Assistance Program provides food assistance to eligible households to cover a portion of a household's food budget. In addition to food assistance, the program provides SNAP recipients with nutrition education, employment & training, and work experience in some cases.

➔ **Transitional Employment Assistance (TEA)**

1-800-482-8988

The TEA program is a time-limited assistance program to help needy families with children become more responsible for their own support and less dependent on public assistance.

➔ **Weatherization Assistance Program (WAP)**

501-682-8729

The Weatherization Assistance Program installs energy conservation materials on the homes of 1300 low-income families annually to lower utility bills. Materials generally installed include insulation of ceilings, duct sealing, weather-stripping and caulking doors and windows, replacement of broken windows and health and safety measures that are required prior to weatherization.

➔ **Disaster Services**

1-800-482-8988

The Emergency Services Unit manages and coordinates all individual assistance programs for victims of disasters when the Chief Executive of the State, the Governor, declares a State Disaster Declaration, or the disaster is of such magnitude that a request is granted by the President of the United States for a Federal Major Disaster Declaration.

➔ **Division of Medical Services**

P.O. Box 1437, Slot S401

Little Rock, AR 72203-1437

TEL: 501-682-8292

FAX: 501-682-1197

➤ **Central Arkansas Development Council Inc.**

210 South Lee

Hampton, AR 71744

870-798-2457

Calhoun County

➤ **Central Arkansas Development Council Inc.**

301 N. 23rd St.

Arkadelphia, AR 71921

870-246-8931

Clark County

➤ **Central Arkansas Development Council Inc.**

1503 North Vine

Magnolia, AR 71754

870-234-6444

Columbia County

➤ **Central Arkansas Development Council Inc.**

410 E. 4th St.

Fordyce, AR 72742

870-352-8894

Dallas County

➤ **Central Arkansas Development Council Inc.**

1735 Sullenberger

Malvern, AR 72104

501-337-1502

Hot Spring County

➔ **Central Arkansas Development Council Inc.**

117 S.E. Front St.

Lonoke, AR 72086

501-676-0019

Lonoke County

➔ **Central Arkansas Development Council Inc.**

158 Senior Drive

Mount Ida, AR 71957

870-867-2313

Montgomery County

➔ **Central Arkansas Development Council Inc.**

2614 Hwy 27 North

Kirby, AR 71950

870-398-4780

Pike County

➔ **Central Arkansas Development Council Inc.**

#2 Crestview Plaza

Jacksonville, AR 72076

501-457-5621

Pulaski County - Jacksonville

➔ **Central Arkansas Development Council Inc.**

5401 South University

Little Rock, AR 72204

501-603-0909

Pulaski County – Little Rock

➔ **Central Arkansas Development Council Inc.**

3901 McCain Park Rd., Suite 102

North Little Rock, AR 72116

501-771-0745

Pulaski County – North Little Rock

➔ **Central Arkansas Development Council Inc.**

313 Jefferson St. SW

Camden, AR 71701

870-836-3200

Ouachita County

➔ **Central Arkansas Development Council Inc.**

321 Edison Ave.

Benton, AR 72018

501-778-1133

Saline County

➔ **Central Arkansas Development Council Inc.**

1426 NW Avenue

El Dorado, AR 71730

870-864-0067

Union County

➔ **Mid-Delta Community Services Inc.**

Lee County

Marianna Center

53 Poplar Street

Marianna, AR 72360

870-295-3697

➤ **Mid-Delta Community Services, Inc.**
Monroe County

Brinkley Center

Cedar View Apartments

705 West 6th Street

Brinkley, AR 72021

870-734-1236

Clarendon Center

553 N 7th Street

Clarendon, AR 72029

870-747-5610

➤ **Mid-Delta Community Services, Inc.**
Phillips County

Helena/West Helena Center

407 Desoto Street

P. O. Box 3618

West Helena, AR 72390

870-575-2879

North End Center

1125 Columbia Street

Helena AR 72342

870-338-3411 Weatherization

870-338-3412 HEAP

Lakeview Center

14426 Hwy 44

P. O. Box 5

Wabash, AR 72389

870-827-6631

Marvell Center

708 College Street

P. O. Box 726

Marvell, AR 72366

870-829-3021

Mid-Delta Community Services, Inc.

Prairie County

Prairie Center

Sycamore & Ash Streets

P. O. Box 332

DeValls Bluff, AR 72041

870-998-2005



United We Ride

www.unitedweride.gov

1-800-527-8279

United We Ride is an interagency Federal national initiative that supports States and their localities in developing coordinated human service delivery systems. In addition to State coordination grants, United We Ride provides State and local agencies a transportation-coordination and planning self-assessment tool, help along the way, technical assistance, and other resources to help their communities succeed.

 **Administration on Aging (AoA)**

Washington, DC 20201

TEL: 202-619-0724

www.aoa.gov

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PUBLIC TRANSPORTATION

Public Transit

➤ **Southeast Arkansas Transportation (SEAT)**

600 S. Missouri

Pine Bluff, AR 71601

TEL: 870-543-6340 or 866-501-7328

FAX: 870-536-0676

Full schedule in Arkansas, Ashley, Bradley, Chicot, Cleveland, Desha, Drew, Grant, Jefferson and Lincoln counties. Limited transportation in Dallas, Union, Lonoke and Calhoun counties.

Must schedule 48 hours in advance

Demand response routes

Serves all age riders

For medical/health care; social/recreational activities; shopping purposes

Round trip or one way fares based on destination

➤ **Western Transit System**

524 Garrison Avenue

Fort Smith, Arkansas 72901

TEL: 1-855-642-0060 (or) 1-479-424-2098

FAX: 1- 479-785-3965

M-F 8:30 a.m. – 4:00 p.m. curb to curb

Rural areas within Crawford, Franklin, Johnson, Pope, Sebastian, Logan, Yell, Scott, Polk, Conway and Perry counties

Must schedule 2 business days in advance

Serves all Riders

For shopping, pharmacy, medical appointments, paying bills, and other personal needs.

In town \$6.00 round trip

Out of town call for rates

➔ **Central Arkansas Development Council Inc.**
South Central Arkansas Transit (SCAT)

408 Walnut

Benton, AR 72015

TEL: 501-315-0800

FAX: 501-778-4717

M-F, 8:00 a.m.-4:00 p.m., curb-to-curb

8:00 a.m. – 4:00 p.m. Medicaid

8:00 a.m. – 4:00 p.m. paratime

Saline County

Must schedule at least 48 hours in advance for Medicaid Transportation

Demand response routes

Serves all riders

For medical/health care; social/recreational activities; shopping purposes

Sliding scale \$35 round trip

In town \$2.00 – out of town fee assessed by mileage

➔ **Central Arkansas Development Council Inc.**
117 E. Front Street

Lonoke, AR 72086

TEL: 501-676-0019

M-F

Lonoke County

Must schedule at least 48 hours in advance

Demand response routes, door-to-door

Serves all riders

For medical/health care; social/recreational activities; shopping purposes

\$4 to \$15 – paid to driver round trip

➔ **Central Arkansas Development Council Inc.
South Central Arkansas Transit (SCAT)**

Clark County

1305 N. 10th St.

Arkadelphia, AR

870-246-8747

Columbia County

1503 N. Vine

Magnolia, AR

870-234-6444

Hot Spring County

830 W. Moline

Malvern, AR

501-332-6215

Montgomery and Pike Counties

112 Hwy 270 W, Ste. 10

Mt. Ida, AR

870-867-4666

Ouachita and Dallas Counties

313 Jefferson St. SW

Camden, AR

870-836-3200

Union and Calhoun Counties

1426 NW Avenue

El Dorado

870-864-0067

➔ **Central Arkansas Transit**

901 N. Maple

North Little Rock, AR 72114

TEL: 501-375-1165

FAX: 501-375-6812

www.cat.org

M-F, 5:20 a.m. to -9:15 p.m., transit stop

Saturday, 5:20 a.m. to 7:15 p.m. / Sunday, 8:30 a.m. to 5:30 p.m.

Pulaski County area

Wheelchair access

Serves all ages

65+ discount available to those who qualify

Must fill out 2 part application

Various fares

\$2.70 per trip

\$5.40 round trip

➔ **Southeastrans, Inc.**

11 Corporate Hill Dr., Ste. 104

Little Rock, AR 72205

For Services in Faulkner, Lonoke and Pulaski Counties call

TEL: 855-223-1225

For Services in Monroe and Prairie Counties Call

TEL: 855-223-1224

M-F, 8a.m.-5 p.m., curb-to-curb, 48 hour notice

Wheelchair access, escorts ride for free

Must schedule two days in advance

Serves Medicaid recipients

Faulkner, Lonoke, Monroe, Prairie & Pulaski Counties

For medical/health purposes

 **MEMS**

MEMS Van Service

1101 W. 8th Street

Little Rock, AR 72201

TEL: 501-301-1475

FAX: 501-301-1401

www.metroems.org

M-F, 7 a.m.-5 p.m., door-to-door

Statewide

Wheelchair access, escorts ride for free

Must schedule 24 hours in advance

For any purpose

\$70.00 round trip, \$3.00 per mile over 15 miles

 **Mid-Delta Community Services Inc.**

610 Biscoe Street

Helena, AR 72342

TEL: 870-338-9004

FAX: 870-338-3629

M-F, 8 a.m.-5 p.m., curb-to-curb

Private pay – Helena/West Helena - \$3.40 each way

Fares vary out of area

Phillips, Lee, Monroe, and Prairie counties

Must schedule at least 48 hours in advance

Demand response routes, Wheelchair access, Serves all riders

For medical/health care; social/recreational activities; shopping purposes

➡ **LogistiCare**

10025 W. Markham St.

Little Rock, AR 72205

501-227-4008

Paratransit

➡ **Links Paratransit**

901 N. Maple

North Little Rock, AR 72114

TEL: 501-375-9607

FAX: 501-375-6812

www.cat.orgs:

M-F, 5:20 a.m.-9:15 p.m., door-to-door

Saturday – 5:20 a.m. – 7:30 p.m.

Sunday – 8:30 a.m. – 5:15 p.m.

10 ride ticket book \$25.00

City limits of Little Rock and North Little Rock

No Sherwood or Maumelle

Wheelchair access, escorts not provided

Must schedule more than 2 days in advance/up to 14 days in advance

Serves people with disabilities, must have doctor approval

For medical/health care; social/recreational activities; shopping purposes

Flat fare: \$5.40 round trip; \$2.70 each way

Private Transit

Taxis

➡ Affordable Transportation

TEL: 501-786-0496

Ride to anywhere

7 days a week – 24-hours-a-day service

NLR city limits: \$10 to \$12 one-way

LR city limits: \$10 to 12 one-way

Saline County: Negotiable

Lonoke County: Negotiable

Now accepts credit cards

➡ Conway Taxi

Thomas Worthy

TEL: 501-730-4110

7 days a week – 24 hour service

\$1.50 per mile

State wide

Now accepts credit cards

➡ Discount Taxi

TEL: 501-988-4425

(6 – 6 night) 7 days a week

Jacksonville- Air Force Base, Sherwood, Lonoke

Cash only - Flat rate depending on destination (\$5 inside Jacksonville city limits)

➡ **Yellow Cab- Little Rock**

TEL: 501-570-9999

Web address: www.yellowcablr.com

Statewide coverage for medical/general purposes.

\$5 plus \$2.00 per mile -30 minute prior notice.

Paratransit services require 24 hour advance notice.

\$2.00 extra for each additional passenger/per head.

Accepts credit cards

Volunteer Programs

➡ **First United Methodist Church of Little Rock**

LIFT (Laity Involved In Free Transportation)

723 Center Street

Little Rock, AR 72201

TEL: 501-372-2256

Mon - Thurs 9 a.m.-3 p.m., car-to-door

Little Rock/North Little Rock area

Within 12 mile radius of the church

Must be Ambulatory

Has to be referred by a doctor, nurse or social worker to receive their services

Must schedule more than 2 days in advance

For medical/health care purposes only

Donations not required, but accepted

➡ **Shepherd Center of Little Rock**

(JULY) LifeQuest

600 Pleasant Valley Drive

Little Rock, AR 72227

TEL: 501-225-6073

FAX: 501-225-3739

www.lifequestofarkansas.org

Mon – Thurs 8:30 a.m.-4:30 p.m., door-to-door

Serves Zip Codes 72202, 72205, 72207, 72227, 72211, 72212 and 72223

Must schedule more than 72 hours in advance

Serves ages 55 and older

For medical/health care purposes

Must be Ambulatory

\$10 per trip

➡ **Shepherd Center of North Little Rock (SUSPENDED SERVICES UNTIL JULY)**

Medical Transportation Service

4314 Idlewild

North Little Rock, AR 72116

PO Box 94783, (zip) 72190

TEL: 501-771-0774

Varies depending on availability of volunteers, door-to-door

Serves Zip Codes 72116, 72118, 72119 and 72120

One week advance notice/no dialysis, no wheelchairs; get in car by themselves.

Serves seniors, For medical/health care purposes, Donations not required, but accepted

➡ **Des Arc Senior Center**

206 Erwin

Des Arc, AR 72042

TEL: 870-256-3751

Non-emergency transport (doctors, shopping, restaurants)



SPECIALIZED TRANSIT

Disabled American Veterans Transportation Service

➔ **Disabled American Veterans**
501-257-6991

The Disabled American Veterans, Department of Arkansas also administers the D.A.V. Transportation Network in Arkansas. Offering a free ride to a Veteran with an appointment from different cities in Arkansas. Our network serves both the Fayetteville V.A.M.C. and the Little Rock V.A.M.C. For more information call (501) 257-6991

➔ **Veterans Administration Hospital**
4300 W. 7th

Little Rock, AR 72205

TEL: 501-257-6991

FAX: 501257-6987

M-F, 6 a.m.-3 p.m. and 8:00 a.m. – 3:00 p.m.

Transports their patients to and from hospital services

Must be ambulatory, Statewide coverage

Must be registered at VA Hospital, escorts may ride – Dr. approved

No rider fees

Specialized Services for Seniors and/or Persons with Disabilities

➔ **AR-GetCare**

www.argetcure.org

AR-GetCare is Arkansas' statewide listing of services including transportation services for older adults and people with disabilities. AR-GetCare is designed to help people locate resources that may assist them or a family member to continue living at home or in the community. The Website's "Self-Assessment Tool" can help clarify a person's own needs or those of a loved one. The "Learn About" pages describe types of services that might meet those needs. If a person already knows what they are looking for, AR-GetCare contains the most comprehensive and up-to-date listing of resources anywhere in Arkansas. A person can search for services by location, special needs such as wheelchair accessibility, and other criteria. The site also contains a checklist that can help a person choose the provider that best meets their needs.

➔ **Choices in Living Resource Center**

TEL: 1-866-801-3435 (8:00 a.m. – 4:30 p.m. Monday through Friday)

The Choices in Living Resource Center is an Aging and Disability Resource Center (ADRC). The Choices in Living Resource Center provides helpful information about long term services and supports in Arkansas. Trained Counselors help a person sort through the many options that are available and assist them in making informed decisions. Anyone may contact the Resource Center for assistance – there is never a cost.

➔ **Abundant Care Transportation**

Administrative Office

3926 Baseline Road, Ste. B

Little Rock, AR 72209

501-565-6993

Garage Location

6614 Forbing Road

Little Rock, AR 72209

501-562-3711

*Regional Transportation for Seniors***➔ Area Agency on Aging of Northwest Arkansas**

P. O. Box 1795

Harrison, AR 72602-1795

(Office Location: 1510 Rock Springs Road, Harrison, AR)

TEL: 1-870-741-1144 or 1-800-432-9721

FAX: 1-870-741-6214

www.aaanwar.org

**➔ Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Baxter House Adult Day Center**

P.O. Box 932

1101-3 Spring Street (Cooper Park)

Mountain Home, AR 72653

TEL: 1-870-425-7585

**➔ Office of Human Concern, Inc. – Senior Services Program
Benton County Senior Activity & Wellness Center**

3501 S. E. "L" Street

Bentonville, AR 72712

TEL: 1-479-273-7348

**➔ Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Big Flat Senior Activity Center**

9975 Highway 14 East

Big Flat, AR 72617

TEL: 1-870-448-3674

➤ **Office of Human Concern, Inc. – Senior Services Program
Billy V. Hall Senior Activity & Wellness Center**

P.O. Box 1648

1870 Limekiln Road

Gravette, AR 72736

TEL: 1-479-787-5950

➤ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Boone County Senior Activity & Wellness Center**

1516 Rock Springs Road

Harrison, AR 72601

TEL: 1-870-741-1505

➤ **Office of Human Concern, Inc. – Senior Services Program
Carroll County Senior Activity & Wellness Center**

202 West Madison Avenue

Berryville, AR 72616

TEL: 1-870-423-3265

➤ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Elkins Senior Activity Center**

P.O. Box 201

201 West 1st Street

Elkins, AR 72727

TEL: 1-479-643-2741

➤ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Farmington Senior Activity Center**

340 West Main Street
Farmington, AR 72730
TEL: 1-479-267-5709

➤ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Fayetteville Senior Activity & Wellness Center**

945 South College
Fayetteville, AR 72701
TEL: 1-479-571-2920

➤ **Office of Human Concern, Inc. – Senior Services Program
Gentry Senior Activity Center**

P.O. Box 1467
121 East Main Street
Gentry, AR 72734
TEL: 1-479-736-0378

➤ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Hillcrest Towers Senior Activity Center**

#1 North School Avenue
Fayetteville, AR 72701
TEL: 1-479-443-3512

➤ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Lincoln Senior Activity Center**

116 East Park Street
Lincoln, AR 72744
TEL: 1-479-824-3861

➤ **Office of Human Concern, Inc. – Senior Services Program
J. B. Hunt Transport Senior Activity Center**

704 East Monroe Street

Lowell, AR 72745

TEL: 1-479-365-2755

➡ **Office of Human Concern, Inc. – Senior Services Program
Madison County Senior Activity Center**

P.O. Box 598

903 North College

Huntsville, AR 72740

TEL: 1-479-738-2750

➡ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Marion County Senior Activity Center**

P.O. Box 728

5966 Highway 202 East

Flippin, AR 72634

TEL: 1-870-453-8488

➡ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Newton County Senior Activity & Wellness Center**

P.O. Box 41

100 East Clark Street

Jasper, AR 72641

TEL: 1-870-446-5531

➡ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Prairie Grove Senior Activity & Wellness Center**

475 Ed Staggs Drive

Prairie Grove, AR 72753

TEL: 1-479-846-2794

➡ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Searcy County Senior Activity Center**

P.O. Box 806

509 Zack Road

Marshall, AR 72650

TEL: 1-870-448-2999

➡ **Office of Human Concern, Inc. – Senior Services Program
Siloam Springs Senior Activity Center**

750 Heritage Court

Siloam Springs, AR 72761

TEL: 1-479-524-5735

➡ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Springdale Senior Activity & Wellness Center**

203 Park Street

Springdale, AR 72764

TEL: 1-479-751-1521

➡ **Northwest Arkansas Economic Development District, Inc.- Senior Services Program
Van Matre Senior Activity & Wellness Center**

P.O. Box 392

1101 Spring Street (Cooper Park)

Mountain Home, AR 72653

TEL: 1-870-424-3054

➡ **White River Area Agency on Aging**

P. O. Box 2637

Batesville, AR 72503

(Office Location: 3998 Harrison Street, Batesville, AR)

TEL: 1-870-612-3000 or 1-800-382-3205

FAX: 1-870-793-2793

www.wraaa.com

The White River Area Agency on Aging does not provide transportation services directly, but they can provide information on transportation services in their area.

➡ **East Arkansas Area Agency on Aging**

P. O. Box 5035

Jonesboro, AR 72403-5035

(Office Location: 2005 E. Highland Drive, Jonesboro, AR)

TEL: 1-870-972-5980 or 1-800-467-3278

FAX: 1-870-930-2255

www.e4aonline.com

➡ **Black River Area Development Public Transit**

1403 Hospital Drive

Pocahontas, AR 72455

870-892-4547

Serves: Randolph, Lawrence and Clay Counties

➡ **Blytheville Senior Center**

1101 David Lane

Blytheville, AR 72315

TEL: 1-870-762-1222

➡ **Caraway Senior Life Center**

305 New York Avenue

Caraway, AR 72419

TEL: 1-870-482-3348

➡ **Corning Senior Wellness Center**

1403 Main Street
Corning, AR 72422
TEL: 1-870-857-6308

➡ **East Arkansas Area Agency on Aging (Transportation)**

2005 E. Highland
Jonesboro, AR 72401
TEL: 1-870-930-2264 or 1-888-240-2264
FAX: 1-870-930-2255

➡ **Edmondson Senior Activity Center**

P. O. Box 92
Edmondson, AR 72332
TEL: 1-870-735-5647

➡ **Forrest City Activity Center**

2550 S. Washington Street
Forrest City, AR 72335
TEL: 1-870-633-5518

➡ **Harrisburg Senior Life Center**

110 E. Street
Harrisburg, AR 72432
TEL: 1-870-578-2871

➡ **Imboden Senior Center**

102 W. 4th Street
Imboden, AR 72434
TEL: 1-870-869-2131

➡ **Jonesboro Senior Life Center**

225 E. Jackson, Slot 87

Jonesboro, AR 72401

TEL: 1-870-935-7282

➔ **Lake City Senior Life Center**

401 Walnut Street

Lake City, AR 72437

TEL: 1-870-237-1077

➔ **Lakeview Senior Center**

P. O. Box 5

Wabash, AR 72389

TEL: 1-870-827-6631

➔ **Lepanto Senior Life Center**

100 Stevens Square

Lepanto, AR 72354

TEL: 1-870-475-6005

➔ **Manila Senior Center**

855 Airport Road

Manila, AR 72442

870-570-0084

➔ **Marianna Senior Activity Center**

43 W. Mississippi Street

Marianna, AR 72360

TEL: 1-870-298-2026

➔ **Marked Tree Senior Life Center**

212 10th Street

Marked Tree, AR 72365

TEL: 1-870-358-3751

➔ **Marvell Senior Center**

P. O. Box 726

Marvell, AR 72366

TEL: 1-870-829-3866

➔ **Meyer Senior Activity Center**

715 E. Canal Street

Wynne, AR 72396

TEL: 1-870-238-8304

➔ **Monette Senior Life Center**

504 S. Williams

Monette, AR 72447

TEL: 1-870-486-2480

➔ **Osceola Senior Center**

701 N. Walnut

Osceola, AR 72370

TEL: 1-870-563-1314

➔ **Paragould Senior Center**

P. O. Box 1326

Paragould, AR 72451

TEL: 1-870-239-4093

➔ **Piggott Senior Center**

161 Pfeiffer

Piggott, AR 72454

TEL: 1-870-598-3993

➔ **Pocahontas Wellness Senior Center**

1505 Airport Road

Pocahontas, AR 72455

TEL: 1-870-892-8473

➔ **Rector Senior Wellness Center**

120 E. First Street

Rector, AR 72461

TEL: 1-870-595-3082

➔ **Trumann Senior Life Center**

351 B Campbell Street

Trumann, AR 72472

TEL: 1-870-483-2122

➔ **Walnut Ridge Senior Center**

504 SE Southern Avenue

Walnut Ridge, AR 72476

TEL: 1-870-886-7554

➔ **West Helena Senior Center**

P. O. Box 3618

West Helena, AR 72390

TEL: 1-870-572-2879

➔ **West Memphis Senior Activity Center**

103 S. Avalon

West Memphis, AR 72301

TEL: 1-870-735-0075

➡ **Jonesboro Economical Transit System (J.E.T.S)**

110 S. Gee

Jonesboro, AR 72401

TEL: 870-935-5387

www.ridejets.com

➡ **Northeast Arkansas Transit (NEAT)**

PO Box 16720

Jonesboro, AR 72403

Serves: Craighead, Poinsett, Mississippi, Cross, Crittenden & St. Francis Counties

TEL: 1-866-336-3691

www.crdc.com

➡ **Area Agency on Aging of Southeast Arkansas, Inc.**

P. O. Box 8569

Pine Bluff, AR 71611

(Office Location: 709 East Eighth Avenue, Pine Bluff, AR)

TEL: 1-870-543-6300 or 1-800-264-3260

FAX: 1-870-534-2152

www.aaasea.org

➡ **Area Agency on Aging of Southeast Arkansas, Inc.
Med Net Transportation**

600 Missouri

Pine Bluff, AR 71601

TEL: 1-870-543-6340 or 1-866-501-7328

➤ **Area Agency on Aging of Southeast Arkansas, Inc.
Senior Citizens Center Transportation**

709 East Eighth

Pine Bluff, AR 71601

TEL: 1-870-543-6300 or 1-800-264-3260

➤ **Area Agency on Aging of Southeast Arkansas, Inc.
Southeast Arkansas Transportation**

600 Missouri

Pine Bluff, AR 71601

TEL: 1-870-543-6340 or 1-866-501-7328

➤ **City of Monticello
Monticello Senior Citizens Center**

203 Henley Drive

Monticello, AR 71655

TEL: 1-870-367-2434

➤ **CareLink (Central Arkansas Area Agency on Aging)**

P. O. Box 5988

North Little Rock, AR 72119-5988

(Corporate Office Location: 700 Riverfront Drive, North Little Rock, AR)

(Pulaski County Office Location: 706 W. Fourth Street, North Little Rock, AR)

TEL: 1-501-372-5300 or 1-800-482-6359

FAX: 1-501-688-7443

www.care-link.org

➤ **CareLink
Metro Senior Center Services**

P. O. Box 5988

North Little Rock, AR 72119

TEL: 501-372-5300

FAX: 501-688-7443

Social/recreational activities; shopping purposes for certain high rises and housing authority



CareLink

Prairie County Senior Center Services

P. O. Box 996

Des Arc, AR 72040

TEL: 870-256-3751

FAX: 870-256-1012

M-F, 8 a.m.-4 p.m., curb-to-curb

Des Arc Area

Fixed routes

Serves seniors 60+

For medical/health care; social/recreational activities; shopping purposes

Donations not required, but accepted



Central Arkansas Development Council Inc.

408 Walnut

Benton, AR 72015

TEL: 501-315-0800

FAX: 501-778-4717

M-F, 8 a.m.-4 p.m., curb-to-curb

Saline County

Must schedule 24 hours in advance

Medicaid 48 hour notice

Demand response routes

Serves residents of Saline County who are 60+

For medical/health care; social/recreational activities; shopping purposes

Donations not required, but accepted

➡ **Faulkner County Council On Aging Inc.**

1620 Donaghey Street

Conway, AR 72032

TEL: 501-327-2895

FAX: 501-329-0196

M-F, 8 a.m.-4 p.m., curb-to-curb

Conway, Greenbrier, Mayflower, Vilonia, Twin Groves, and Mt. Vernon Areas

Must schedule 24 hours in advance

Demand response routes

Serves residents of Faulkner County who are 60+

For medical/health care; social/recreational activities; shopping purposes

Donations not required, but accepted

➡ **Jacksonville Senior Wellness And Activity Center Inc.**

100 Victory Circle

Jacksonville, AR 72076

TEL: 501-982-7531

FAX: 501-982-4362

M-F, 9 a.m.-3 p.m., curb-to-curb

Tues/Thurs to local doctors

\$15.00 membership per year, request contribution

Jacksonville and Sherwood Areas

Must schedule 24 hours in advance

Fixed Route

Have various field trips

Serves seniors

For medical/health care; social/recreational activities; shopping purposes

➔ **Lonoke County Council On Aging Inc.**

P. O. Box 199

Lonoke, AR 72086

TEL: 501-676-6971

FAX: 501-676-2964

M-F, 8 a.m.-3 p.m., curb-to-curb

Lonoke city limits

Must schedule 24 hours in advance

Demand response routes

Serves seniors

For medical/health care and social/recreational activities purposes

Donations not required, but accepted

➔ **Maumelle Senior Wellness Center**

550 Edgewood, Suite 400

Maumelle, AR 72113

TEL: 501-851-4344

FAX: 501-803-3406

M-F, 9 a.m.-2 p.m., door-to-door

Serves 72113 zip code area only

\$15.00 membership required per year

7 days notice required

Age 50 and older, medical only, must be ambulatory, members only

Transports to North Little Rock, Little Rock, Conway and Maumelle

Around Town General Transportation Tuesday and Thursday 9a.m – 12:30 p.m.

Maumelle residents only same day notice/call before 8:30 a.m.

\$15.00 membership required

➔ **Mid-Delta Community Services Inc.**

Biscoe Street

Helena, AR 72342

TEL: 870-338-9004

FAX: 870-338-3629

M-F, 9 a.m.-3 p.m., curb-to-curb

Monroe County

Medicaid – No pay

Private pay Helena/West Helena \$2.90 each way

Fares vary out of area

Must schedule 24 hours in advance

Demand response routes

Serves residents of Monroe County who are 60+

For medical/health care; social/recreational activities; shopping purposes

Donations not required, but accepted

➔ **SCAT – Senior Citizens Activities Today**

1800 Broadway, Suite 104

Little Rock, AR 72206

TEL: 501-374-2833

FAX: 501-374-1928

M-F, 8 a.m.-3:30 p.m., door-to-door

Little Rock, North Little Rock, and Maumelle areas

Must schedule 2 days in advance

Wheelchair access, escorts not provided

SCAT membership required, \$5.00 membership fee

Serves seniors

For medical/health care and other

Sliding Fee Scale: \$10.00 - \$20.00 per trip

➡ **Senior Citizens Outreach Inc.**

Autumn Age Bus

401 W. Pershing

North Little Rock, AR 72114

TEL: 501-975-4297

M-W, 8:00 a.m. to 2:00 p.m., door-to-door

North Little Rock Area

Must schedule more than 2 days in advance

Wheelchair access

Demand response routes in Little Rock, North Little Rock, and Jacksonville

Serves seniors and people with disabilities

Only service Willow, Heritage, and Campus Towers

Medical transportation for all NLR senior housing residents

For medical/health care and social/recreational activities purposes

Social transportation is approved by Senior Citizens Outreach Inc.

➡ **Sherwood Senior Center**

2301 Thornhill

Sherwood, AR 72120

TEL: 501-834-5770

FAX: 501-834-5995

M-W, 9 a.m.-5 p.m., door-to-door

24 hours notice required

www.cityofsherwood.com

Age 50 and older

Transports to and from senior center for 72120 zip area only

Sherwood residents have priority when they will take on others

Will do medical, grocery and beauty shops

For medical and general purposes

Sherwood: \$2 one-way

NLR and Jacksonville: \$4 one-way

LR: \$8 one-way

➔ **West Central Senior Center**

4200 Barrow Road, Suite B

Little Rock, AR 72204

TEL: 501-565-2653

➔ **Abundant Care Transportation**

13924 Baseline Road

Little Rock, AR 72209

TEL: 501-562-3711

FAX: 501-562-7888

Mon - Fri, door-to-door

Statewide, Same day service available

Wheelchair access, Demand response

Arranged thru Southeastrans mainly, but will accept others, Medicaid and private pay

Serves all riders

For medical/health care; social/recreational activities; shopping purposes

Flat rate: \$50 round trip local plus \$1.75 per mile for outside LR

➔ **Area Agency on Aging of West Central Arkansas**

905 W. Grand Avenue

Hot Springs, AR 71913

TEL: 1-501-321-2811 or 1-800-467-2170

FAX: 1-501-321-2650

www.seniorspecialists.org

➤ **Central Arkansas Development Center (CADC) - Arkadelphia Senior Activity Center (SAC)**

SCAT Rural Public Transit & Senior Center Paratransit Vans

1311 North 10th Street

Arkadelphia, AR 71923

TEL: 1-870-246-9871

➤ **Central Arkansas Development Center (CADC) - Glenwood Senior Activity Center, Pike County
SCAT Rural Public Transit & Senior Center Paratransit Vans**

229 Betty Street

Glenwood, AR 71943

TEL: 1-870-356-4212

➤ **Central Arkansas Development Center (CADC) - Gurdon Senior Activity Center
SCAT Rural Public Transit & Senior Center Paratransit Vans**

410 East Main

Gurdon, AR 71743

TEL: 1-870-353-2095

➤ **Central Arkansas Development Center (CADC) - Malvern Senior Center
SCAT Rural Public Transit & Senior Center Paratransit Vans**

1800 W. Moline

Malvern, AR 72104

TEL: 1-501-332-5374

➤ **Central Arkansas Development Center (CADC) - Murfreesboro Senior Center
SCAT Rural Public Transit & Senior Center Paratransit Vans**

102 Court Street

Murfreesboro, AR 71958

TEL: 1-870-285-2312

➤ **Friendship Community Care
Pope, Johnson, Yell County Senior Activity Centers**

Senior Center Paratransit Vans

1010 N. Rochester Avenue

Russellville, AR 72801

TEL: 1-479-968-5039

➤ **Morrilton Human Relations Council
Conway and Perry Counties**

Senior Center Paratransit Van

706 North Division Street

Morrilton, Arkansas 72110

TEL: 1-501-354-0502

➤ **St. Joseph's Mercy Health Center-Mercy Senior Care Department
IT-City Bus System/Paratransit**

210 Woodbine

Hot Springs, AR 71901

TEL: 1-501-624-0838

➤ **Area Agency on Aging of Southwest Arkansas, Inc.
P. O. Box 1863**

Magnolia, AR 71754-1863

(Office Location: 600 Columbia 11 East, Magnolia, AR)

TEL: 1-870-234-7410 or 1-800-272-2127

FAX: 1-870-234-6804

www.agewithdignity.com

➤ **Columbia County Senior Meal Services
Columbia County Nutrition Transportation**

235 Fredrick

Magnolia, AR 71753

TEL: 1-870-901-0042

➤ **Southwest Arkansas Development Council, Inc. (SWADC)
Camden Senior Center**

465 Columbia Ave SW

Camden, AR 71701

TEL: 1-870-836-6314

➤ **Southwest Arkansas Development Council, Inc. (SWADC)
Chidester Senior Transportation**

136 Highway 57

Chidester, AR 71726

TEL: 1-870-685-2969

➤ **Southwest Arkansas Development Council, Inc. (SWADC)
Fordyce Senior Center**

608 Morro

Fordyce, AR 71742

TEL: 1-870-352-3214

➤ **Southwest Arkansas Development Council, Inc. (SWADC)
Hope Senior Center**

104 South Main

Hope, AR 71801

TEL: 1-870-777-2380

➤ **Southwest Arkansas Development Council, Inc. (SWADC)
Nevada County Senior Citizens**

419 East Main Street

Prescott, AR 71857

TEL: 1-870-887-5171

➤ **Southwest Arkansas Development Council, Inc. (SWADC)
Non-Emergency Medicaid Transportation**

3902 Sanderson Lane

Texarkana, AR 71854

TEL: 1-870-772-5758

➤ **Southwest Arkansas Development Council, Inc. (SWADC)
Senor Adult Center - Dierks**

811 Missouri

Dierks, AR 71833

TEL: 1-870-286-2218

➤ **Southwest Arkansas Development Council, Inc. (SWADC)
Senior Adult Center - Nashville**

206 E Howard

Nashville, AR 71852

TEL: 1-870-845-3586

➤ **Southwest Arkansas Development Council, Inc. (SWADC)
Senior Adult Program**

605 E Haes

DeQueen, AR 71832

TEL: 1-870-584-3995

➤ **Southwest Arkansas Development Council, Inc. (SWADC)**
Senior Adult Transportation

205 Thomas Street

Stamps, AR 71860

TEL: 1-870-533-2345

➤ **Southwest Arkansas Development Council, Inc. (SWADC)**
Senior Citizen Transportation

1321 Gordon Drive

Ashdown, AR 71822

TEL: 1-870-898-2275

➤ **Southwest Arkansas Development Council, Inc. (SWADC)**
Senior Citizen Transportation

220 N Bell Street

Foreman, AR 71836

TEL: 1-870-542-6253

➤ **Southwest Arkansas Development Council, Inc. (SWADC) – Miller County Senior Center**

Senior Transportation

1007 Jefferson Avenue

Texarkana, AR 71854

TEL: 1-870-216-1136

➤ **Texarkana Special Education Center DBA Opportunities, Inc.**

6101 North State Line Avenue

Texarkana, Texas 75503

TEL: 1-903-791-2270

➡ **Area Agency on Aging of Western Arkansas**

P. O. Box 1724

Fort Smith, AR 72902

(Office Location: 524 Garrison Avenue, Fort Smith, AR)

TEL: 1-479-783-4500 or 1-800-320-6667

FAX: 1-479-783-0029

www.agingwest.org

➡ **Area Agency on Aging of Western Arkansas
Non Emergency Medical Transportation**

524 Garrison Avenue

Fort Smith, AR 72901

TEL: 1-888-783-6632

INFORMATION & REFERRAL

Community Outreach

➔ **Area Agency on Aging of Northwest Arkansas**

P. O. Box 1795

Harrison, AR 72602-1795

(Office Location: 1510 Rock Springs Road, Harrison, AR 72601-8804)

TEL: 1-870-741-1144 or 1-800-432-9721

FAX: 1-870-741-6214

www.aaanwar.org

➔ **White River Area Agency on Aging**

P. O. Box 2637

Batesville, AR 72503

(Office Location: 3998 Harrison Street, Batesville, AR)

TEL: 1-870-612-3000 or 1-800-382-3205

FAX: 1-870-793-2793

www.wraaa.com

➔ **East Arkansas Area Agency on Aging**

P. O. Box 5035

Jonesboro, AR 72403-5035

(Office Location: Fountain Square Business Complex, 2005 E Highland Drive,
Jonesboro, AR)

TEL: 1-870-972-5980 or 1-800-467-3278

FAX: 1-870-930-2255

www.e4aonline.com

➔ **Area Agency on Aging of Southeast Arkansas, Inc.**

P. O. Box 8569

Pine Bluff, AR 71611

(Office Location: 709 E Eighth Avenue, Pine Bluff, AR)

TEL: 1-870-543-6300 or 1-800-264-3260

FAX: 1-870-534-2152

www.aaasea.org

➡ **CareLink (Central Arkansas Area Agency on Aging)**

P. O. Box 5988

North Little Rock, AR 72119-5988

(Corporate Office Location: 700 Riverfront Drive, North Little Rock, AR)

(Pulaski County Office Location: 706 W Fourth Street, North Little Rock, AR)

TEL: 1-501-372-5300 or 1-800-482-6359 (Voice and TDD)

FAX: 1-501-688-7443

info.care-link.org

www.care-link.org – Website

➡ **Area Agency on Aging of West Central Arkansas**

905 W. Grand Avenue

Hot Springs, AR 71913

TEL: 1-501-321-2811 or 1-800-467-2170

FAX: 1-501-321-2650

www.seniorspecialists.org

➡ **Area Agency on Aging of Southwest Arkansas, Inc.**

P. O. Box 1863

Magnolia, AR 71753

(Office Location: 600 Columbia 11 E, Magnolia, AR)

TEL: 1-870-234-7410 or 1-800-272-2127

FAX: 1-870-234-6804

www.agewithdignity.com

➡ **Area Agency on Aging of Western Arkansas**

P. O. Box 1724

Fort Smith, AR 72902

(Office Location: 524 Garrison Avenue, Fort Smith, AR)

TEL: 1-479-783-4500 or 1-800-320-6667

FAX: 1-479-783-0029

www.agingwest.org

TRANSPORTATION FACTS

Public Transit

- ➔ Two thirds of US public transportation agencies provide service designed to meet the needs of senior citizens and persons with disabilities.
- ➔ Only 5.5% of all public transportation trips are for medical appointments.
- ➔ Public transportation is one of the safest modes of travel in the United States. Riding a transit bus is 91 times safer than car travel. By train, passengers are 15 times safer.

Public Transit Costs

- ➔ In fiscal year 2002, the fifth year of funding under the Transportation Equity Act for the 21st Century (TEA-21), the federal government invested \$6.7 billion in public transportation.
- ➔ The American Society of Civil Engineers reports that improvement to transit bus and rail facilities are not keeping up with the strain placed on systems by increased ridership. ASCE says public transportation spending must increase by 41% just to maintain current conditions.

Specialized Transit

- ➔ Many transit systems provide specialized paratransit services and collectively provide more than 70 million trips per year. However, most specialized services are too limited to replace the mobility lost by seniors who stop driving, and are unable to provide the personalized service that many seniors require. On average, not more than 18% of those eligible for services are registered for specialized transportation in mid-sized cities; in large size cities, the corresponding figure is 22%. Moreover, data indicates that riders who use these services rarely make more than 40% of their trips on these systems.

Medicaid Transportation

- ➔ Nationally, an estimated 3.4 million recipients (roughly 10% of the covered population) depend on Medicaid transportation to get to medical appointments. These are people who are unable to drive or too poor to own/operate their own car and cannot access affordable public transportation. State-funded transportation assistance programs vary from mileage reimbursement and gas vouchers to support of elaborate networks of medical transportation providers.
- ➔ Slightly less than 1% of the entire Medicaid budget is devoted to nonemergency transportation. This amounts to 1.2 billion dollars.

Cost of Driving

- ➔ According to the American Automobile Association, the estimated cost of driving a single-occupant vehicle is between \$4,826 (for a small car) and \$9,685 (for a large car), depending upon mileage. By contrast, the annual average cost for public transportation for one adult ranges from \$200 to \$2000, depending upon mileage, time of day, type of vehicle or service.

Pedestrians

- ➡ According to the 1995 National Personal Transportation Survey, adults age 65 and older walk for 9% of their trips (three times more than using public transit for their trips). The average length of a walking trip is less than one-third of a mile.

LINKS

For more information about transportation services, visit United We Ride at the following website:
www.unitedweride.gov

For information about Volunteer Driver Programs, Supplemental Transportation Programs for seniors (STPs) and resource products, please visit the Beverly Foundation online:
www.beverlyfoundation.org

The template for this booklet was developed by the Beverly Foundation and WESTAT under contract from the US Department of Health and Human Services, Administration on Aging. For resources on aging, eldercare and/or transportation, please visit these organizations online at:

Administration on Aging

www.aoa.gov

www.eldercare.gov

Advice, suggestions, and information on transportation services, issues on aging and disabilities, and programs for people with limited income can be found at the following websites:

AARP – www.aarp.org

American Automobile Association Foundation for Traffic Safety – www.aaafoundation.org

Community Transportation Association of America – www.ctaa.org

Disability Info.gov – www.disability.gov

Easter Seals Project Action – www.projectaction.easterseals.com

Federal Transit Administration – www.fta.dot.gov

Intelligent Transportation System Demonstration Program – www.its.washington.edu

National Association of Area Agencies on Aging – www.n4a.org

National Highway Traffic Safety Administration – www.nhtsa.dot.gov

National Rural Transit Assistance Program – www.nationalrtap.org

WESTAT – www.westat.com

NOTES



Horizontal lines for writing notes, spaced evenly down the page.



LET’S GO! Template was developed in a partnership effort by the following organizations:



United We Ride

www.unitedweride.gov



Administration on Aging

Administration on Aging

www.aoa.gov



Beverly Foundation

www.beverlyfoundation.org



WESTAT

www.westat.com



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