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Call Your Local Experts:

(770) 637-0051

Gainesville Area Senior Resources

Alzheimer's Resources in Gainesville, Georgia

State and Metro Atlanta Regional Office 41 Perimeter Center East, Ste 550 Atlanta, GA 30346 P: 404.728.1181

F: 404.728.1181

Office Hours: Monday - Friday

8:30am - 4:30pm

The Alzheimer's Association, Georgia Chapter has been serving the Georgia area since 1982 and has seven regional offices, along with the state office in Atlanta. It is estimated that more than 140,000 Georgians have Alzheimer's and nearly 519,000 others are affected through their roles as caregivers.

The Alzheimer's Association, Georgia Chapters relies upon community-based fundraising efforts in order to serve families that need our support. As pointed out above, the need for support is growing rapidly. We would welcome you getting involved in any of our fundraising activities or your investment in our cause as a donor.

Gainesville Area Agency on Aging

We are your **Area Agency on Aging** designated by the **Department of Human Services** in the Northeast Georgia Mountains! The AAA is responsible for advocacy for seniors, planning, and administration of programs, coordination and monitoring services in the area. Federal funds authorized by a wide variety of federal and state laws and programs are utilized by this non-profit agency.

Our 13-county service area includes: Banks, Dawson, Forsyth, Franklin, Habersham, Hall, Hart, Lumpkin, Rabun, Stephens, Towns, Union, and White. We serve additional counties in our Senior Employment, SOURCE and Ombudsman Programs.

Please enjoy your stay. Learn more about all programs we have to offer by going to the Getting Started Tab at the very top of this page. To contact us by phone go to the program that you would like more information about and call the number listed there or call our main number at 770-538-2650.

Community Council on Aging

430 Prior Street, S.E.

Gainesville, GA 30501

770-503-3330

Meals on Wheels

How It Works

In the wee hours of the morning, staff at Valley Food Services in Habersham Georgia gather together to prepare hot, delicious and nutritious meals under designed with the help of a certified nutritionist. At the crack of dawn, a delivery person brings the food in large containers to the Meals on Wheels Kitchen located within the Community Service Center at 430 Prior Street, S.E. and then a group of volunteers package the food into individual food containers. Lastly, a second group of volunteers pick up those meals and carry them to the homes of over 450 Meals on Wheels members.

Eligible Clients

Legacy Link, Inc. is the local agency responsible for approving individuals to receive Meals on Wheels. Typical recipients are Gainesville-Hall county residents age 60 and over and may include their dependent spouse/child. Once Legacy Link staff confirm eligibility, they will forward referrals to the Meals on Wheels Program at the Gainesville-Hall County Community Service Center. The entire

start-up process can take up to two months. To determine eligibility, contact Legacy Link, Inc. at 770.538.2650.

Pets Are People Too

Did you know that family's receiving Meals on Wheels can also get food for their cats and dogs? That's right! Pets are people too, or at least we treat them that way. Pets keep us company, warn us of danger and offer comic relief during difficult times, but just like humans, our cats and dogs need their fair share of nutrition. To help offset the cost of caring for pets, the Hall County Human Society donates several pounds of pet food each month to Meals on Wheels and volunteers deliver it to the homes of pet lovers because our pets are family.

Community Importance

The aging process is different for everyone, but if there's one thing most of us share in common it's the desire to age in place and reside in our homes for as long as possible. The key to staying at home and avoiding premature nursing home placement is having the proper supports in place. For some people that looks like lawn care and housekeeping assistance. For others it means a delicious nutritionally balanced meal and a friendly well-check like the ones provided through Meals on Wheels.

Download Meals On Wheels Fact Sheet

Transportation for Seniors in Gainesville, Georgia

The **Senior Life Center**, a nationally accredited senior center, is open Monday - Friday to persons 60 years of age or older who reside in Hall County. As a wellness and nutrition site, the Senior Life Center features a cardio fitness room, weekly exercise classes, blood pressure screenings, and a nutritious hot lunch.

Daily activities include arts and crafts classes, day trips, cards, games, senior clubs and entertainment. Although most activities are free of charge to participants, a fee for some trips and special activities may apply. As a participant, transportation services are available to and from the Senior Life Center, grocery stores and other special locations. For more information on programs,

activities and services please call 770-503-3331 or email seniorlifecenter@gainesville.org.

Our mission is to provide older adults residing in Hall County with ever-expanding opportunities for personal enrichment through activities that promote health and well-being, support an independent lifestyle, and encourage active involvement in the Center and the community.

The Senior Life Center receives funding from Legacy Link Inc., the City of Gainesville, Hall County and private donations.

Hall Area Transit is a public transportation system that has served the City of Gainesville and Hall County since 1983. Its mission is to provide efficient, effective and affordable public transportation that will allow riders to access jobs, retail shops, recreational facilities, medical/dental offices, social service agencies, government offices, and other important community sites.

Hall Area Transit is a key component in helping reduce traffic congestion and minimize air pollution. It also encourages new generations of Hall-countians to consider alternatives to driving in single occupancy vehicles. Public transportation supports our community in other ways too. It helps people that cannot drive; such as youth, seniors and persons with disabilities; to fully participate in and contribute to our vibrant community. Public transportation is a way for people to get connected and stay connected with others in the community!

Transportation Services

Gainesville Connection – Gainesville Connection provides scheduled bus services throughout the City of Gainesville and parts of the City of Oakwood and unicorporated Hall County. Buses operate five days a week from 6:00 AM to 6:00 PM. Call 770.503.3333 for more information.







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