



# Guide to Senior Care Resources



Brought to you by  
Right at Home, Wilmington, DE  
(302) 200-3411

# Alzheimer's Resources in Wilmington

The Delaware Valley Chapter

is the local chapter of the National Alzheimer's Disease and Related Disorders Association serving eighteen counties in SE Pennsylvania, Southern New Jersey and Delaware from our Headquarters in Philadelphia and seven Regional Offices.

## Welcome

The Alzheimer's Association Delaware Valley Chapter serves Southeastern Pennsylvania, South Jersey and Delaware. It is the local chapter of the National Alzheimer's Disease and Related Disorders Association.

We are an alliance of family members and professionals dedicated to helping people with Alzheimer's disease and their families through education, advocacy, and support.

Have questions? Our [Helpline](#) is always available. Call 800.272.3900.

## Our mission:

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

## Our vision:

A world without Alzheimer's disease.

## Areas we serve

Office locations and phone numbers

## Financial information

The Alzheimer's Association is a tax-exempt, 501(c)(3) nonprofit, donor-supported organization. Programs and services are made possible through contributions from individuals, corporations and foundations. The Delaware Valley Chapter uses 80% of funds raised for programs, services and research efforts.

Helping You

We are here to help. Don't see what you're looking for? Call our 24/7 Helpline: 800.272.3900.

# Wilmington Area Agency on Aging

DIGNITY. RESPECT. INCLUSION.

*Phone: 1-800-223-9074*

*Email: [delawareadrc@delaware.gov](mailto:delawareadrc@delaware.gov)*

The Delaware Aging and Disability Resource Center (ADRC) is a one-stop access point for information and services for older persons and adults with physical disabilities throughout the State.

Do you live in your own home and need assistance to continue living independently? Do you live in a nursing home but want to learn about other options? Are you being discharged from a hospital and need to find supportive care? Regardless of your living situation, the ADRC can help.

---

## **The Delaware ADRC can help you...**

- Learn more about available resources
- Decide what services would be best for you
- Find the services that you need

## **The Delaware ADRC features...**

- A comprehensive resource, the [Guide to Services for Older Delawareans and Persons with Disabilities](#)
- A call center with staff available to answer your questions and provide information
- A dedicated website to search for and locate services in your

---

county:

Visit [www.DelawareADRC.com](http://www.DelawareADRC.com)

- Options counselors to provide personalized assistance

**Need help now? ADRC call center staff are on hand and are ready to assist you. Contact the ADRC by phone or email to get started.**

*Service Professionals: Follow this link to submit a referral to the ADRC using the ADRC Professional Referral Form.*

## Meals on Wheels Wilmington

**Meals On Wheels Delaware (MOWD)** provides financial resources to meal-delivery programs statewide that offer nutritious meals, independence and a personal connection to homebound seniors. We support these efforts through volunteer opportunities for individuals, groups and businesses, as well as fun, engaging and inspirational events intended to raise awareness and funds to provide the support and resources needed to alleviate hunger and loneliness for homebound seniors.

- In collaboration with meal-delivery programs throughout the state, MOWD strives to ensure the uninterrupted delivery of hot, nutritious meals.
- More than **1,000** individuals volunteered their time to hand-deliver a meal to a waiting senior in 2017. Another **150** individuals volunteered their time in support of fundraising for the programs.
- MOWD raises funds through generous contributions from large and small companies, public and private businesses, and both for-profit and nonprofit organizations, as well as directly from the general public.
- MOWD supports five meal-delivery programs/locations statewide: CHEER, City Fare, Meals On Wheels Lewes-Rehoboth, the Modern Maturity Center and the Newark Senior Center.
- In 2017, more than 727,000 meals were delivered statewide to 4,360 seniors.

302-656-3257

[info@mealsonwheelsde.org](mailto:info@mealsonwheelsde.org)

Transportation for Seniors in Wilmington

***DART First, State, Reduced Fair***

***119 Lower Beech Street***

***Wilmington, DE - 19805***

***(302) 652-3278***

DART First State offers transportation to disabled or senior citizen riders at a reduced cost. Eligible riders must show Medicare or DART Reduce Fare Identification Card when boarding the bus. Reduced fare cards may be purchased at most Shop-Rite Stores, ACME Markets, the Transportation Store at Wilmington Amtrak Station, Adams 4 Great Value at Adams 4 Plaza, and at Dart First State Offices. Parents or guardians who accompany disabled children must pay full fare. Reduced fares are \$.45 one-way cash fare in New Castle County and \$.40 one-way cash fare in Kent and Sussex County Reduced Fare DARTCard available (costs \$14.00, value \$46.00)

## **Long Term Care Ombudsman Program**

**The Long Term Care Ombudsman** advocates for residents who live in long-term care facilities as well as those who live in other settings (such as their own homes) and receive home and community-based services. The Ombudsman program investigates and resolves complaints on behalf of these individuals. Complaints can be made by residents, family members, or other concerned parties. The program also provides opportunities for Volunteer Ombudsmen to serve as friendly visitors/advocates in nursing homes. For more information about volunteering, please visit the Long Term Care Ombudsman Volunteer page.

**Eligibility** Residents of licensed long term care facilities in Delaware and individuals who receive home and community-based long term care services.

## **Availability Statewide**

Info or Enrollment The Long-Term Care Ombudsman Program is operated by Delaware Health and Social Services Office of the Secretary. To receive assistance, contact the Delaware Aging and Disability Resource Center (ADRC) by phone or email.

More Resources: [Guide to Services for Older Delawareans and Persons with Disabilities](#)

[Delaware Aging and Disability Resource Center Service Provider Search](#)

## **Delaware Area Agencies on Aging**

The Delaware Aging and Disability Resource Center (ADRC) is a one-stop access point for information and services for older persons and adults with physical disabilities throughout the State.

Do you live in your own home and need assistance to continue living independently? Do you live in a nursing home but want to learn about other options? Are you being discharged from a hospital and need to find supportive care? Regardless of your living situation, the ADRC can help.

---

### **The Delaware ADRC can help you...**

- Learn more about available resources
- Decide what services would be best for you
- Find the services that you need

### **The Delaware ADRC features...**

- A comprehensive resource, the [Guide to Services for Older Delawareans and Persons with Disabilities](#)

- 
- A call center with staff available to answer your questions and provide information
  - A dedicated website to search for and locate services in your county:  
Visit [www.DelawareADRC.com](http://www.DelawareADRC.com)
  - Options counselors to provide personalized assistance

**Need help now? ADRC call center staff are on hand and are ready to assist you. Contact the ADRC by phone or email to get started.**

*Service Professionals: Follow this link to submit a referral to the ADRC using the ADRC Professional Referral Form.*

## **Senior Driving Laws in Delaware**

The Division of Motor Vehicles' Medical Program is committed to ensuring the safety of the motoring public throughout the state. The Medical Program determines if a person is safe to operate a motor vehicle based on both their physical and mental functional abilities. To do this, the DMV collects documentation from physicians, eye care providers, driver rehabilitation agencies, the Division's Medical Advisory Board (MAB), and Division testing.

Self-Evaluation: Every person applying for or renewing a Delaware license is required to answer the following Mandatory Declaration question:

- Do you have any physical or mental conditions, or physical or mental disabilities that interfere with your ability to safely operate a motor vehicle?

If you answer "yes", you will be asked to explain your circumstance to determine if a license may be issued or if medical clearance is required.



All applicants are required to pass the Division's vision screening before a license is issued

- A license with full privileges is issued if your vision is 20/40, with or without correction
- A daylight only license is issued if your vision is 20/50, with or without correction

If required, you must pass a Motor Vehicle knowledge test before your license will be issued

- Difficulty passing this test may indicate that you need to study Delaware traffic laws or that you face a cognitive decline such as dementia

### **Special Examination**

When applicable, you will be required to demonstrate that you have the ability to safely control a vehicle during a driving skills test.

[View the Law](#) 

State law allows DMV to conduct a re-examination of your driving ability if the DMV receives a written request for the re-exam from law enforcement, family (see "Your Family" page), physicians or others acceptable to the DMV

To maintain driving privileges, you are required to submit a medical form verifying you are safe to drive and successfully complete:

- The vision test
- The written test
- The road skills test

Based on a physician's recommendation, you may be required to have an evaluation and/or training from a certified rehabilitation center and provide the DMV with a release from the center

## Medicaid in Delaware

Medicaid furnishes medical assistance to eligible low-income families and to eligible aged, blind and/or disabled people whose income is insufficient to meet the cost of necessary medical services. Medicaid pays for: doctor visits, hospital care, labs, prescription drugs, transportation, routine shots for children, mental health and substance abuse services.

### Eligibility

- You can have a car, bank account, and a home and still qualify for Medicaid. DMMA does not look at any of your resources when determining your eligibility for Medicaid.
- You can work and still qualify for Medicaid.
- Some persons can have other insurance and still receive Medical Assistance.
- Low-income uninsured adults between the ages of 19 and 65 may qualify for Medicaid.
- Certain children living with stepparents, grandparents, or siblings with income may receive Medicaid.
- Needy families with children may be eligible for Medicaid if they are part of Temporary Assistance for Needy Families.
- When a family getting a welfare check starts working and leaves welfare they still may receive Medicaid.
- Low-income pregnant women and children under age 19 may qualify for Medicaid.
- Most women of child bearing age may be eligible for birth control and family planning services for up to 24 months after their regular Medicaid stops.

Most people receiving Medicaid are enrolled with one of the managed care plans under the Diamond State Health Plan.

## Diamond State Health Plan - Delaware's Medicaid Managed Care Program

The majority of people receiving Medicaid must choose a family doctor who, along with a managed care organization (MCO), will provide or arrange for all your preventive care and medical needs. The following individuals are not enrolled with a MCO:

- Individuals entitled to or eligible to enroll in Medicare
- Individuals residing in a nursing facility or intermediate care facility for Individuals with Intellectual Disabilities (ICF/IID).
- Individuals covered under the Medicaid home and community based waiver programs.
- Non-lawful and non-qualified non-citizens (aliens).
- Individuals who have military health insurance for active duty, retired military, and their dependents.
- Individuals eligible for the Medicaid Breast and Cervical Cancer program.
- Presumptively eligible pregnant women.



Brought to you by  
Right at Home, Wilmington, DE  
(302) 200-3411